

Managing Patients With Ulcerative Colitis

Goals for Management

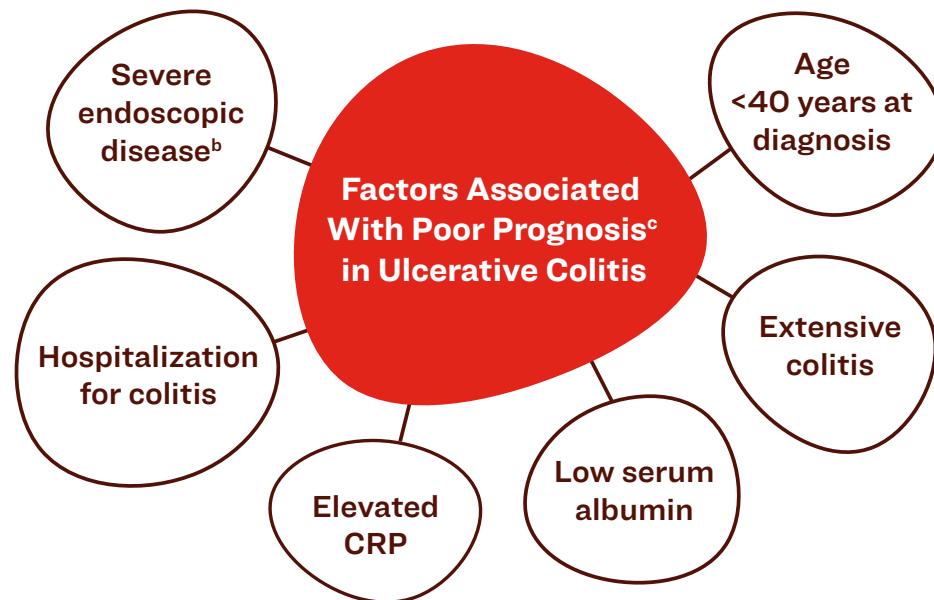
Restore **normal bowel frequency** and control primary symptoms (**bleeding and bowel urgency**) in the immediate term^{1,2}

Normalize biomarkers (CRP and/or FCP) as an intermediate goal and use to assess treatment in the absence of endoscopy^{1,2}

Strive for combined **symptomatic remission** (improvement in PROs)^a and **endoscopic healing** (restoration of intact mucosa without friability)^{1,2}

Achieve and maintain **steroid-free remission** and **restore quality of life** in the long term^{1,2}

Control **mucosal inflammation** to reduce risk of dysplasia and other complications through routine visits addressing health maintenance needs¹



Therapy selection should be based on disease extent, severity, and prognosis¹

^aDefined as normal stool frequency and no rectal bleeding. ^bMayo Endoscopic Subscore=3, UCEIS ≥7. ^cMeasured by the likelihood of colectomy. CRP=C-reactive Protein; FCP=Fecal Calprotectin; PROs=Patient-reported Outcomes; UC=Ulcerative Colitis; UCEIS=Ulcerative Colitis Endoscopic Index of Severity. 1. Rubin DT, et al. *Am J Gastroenterol*. 2025;120(6):1187-1224. 2. Turner D, et al. *Gastroenterology*. 2021;160(5):1570-1583.