

WANT TO LEARN MORE ABOUT ALZHEIMER'S DISEASE?



Explore the free resources below to learn more from the viewpoint of **patients and care partners**.

Linked resources are available in English and Spanish

PATIENTS



Alzheimer's Association



- What is Alzheimer's Disease
- Causes and Risk Factors
- Stages of Alzheimer's
- Facts and Figures

www.alz.org/alzheimer_s_dementia

Alzheimer's Foundation of America



- Teal Room – *virtual space with therapeutic activities*

www.alzfdn.org/afatealroom

CARE PARTNERS



Alzheimer's Association



- Communication Tips
- Daily Care Plan
- Activity Tips & Safety
- Care Partner Support Groups & 24/7 Helpline

<https://www.alz.org/help-support/caregiving>

Alzheimer's Foundation of America



- Care Connection Webinar Series
- Teal Room – *virtual space with therapeutic activities*
- Care Partner Support Groups
- National Toll-Free Helpline – *call, text, chat in 90+ languages*

www.alzfdn.org/caregiving-resources