

⚡ THE BATTLE OF THE 2 TITANS ⚡

WHEN IS A PATIENT WITH ATOPIC DERMATITIS ELIGIBLE FOR SYSTEMIC TREATMENT?

Most patients with persistent moderate-to-severe atopic dermatitis have poorly controlled disease and will require an advanced systemic therapy at some point.¹ Who is eligible to an advanced systemic treatment in atopic dermatitis? Leverage this guide to have a thoughtful 30-minute debate around this topic with a fellow atopic dermatitis titan.

HOST AN ATOPIC DERMATITIS TREATMENT DEBATE WITH A COLLEAGUE

*Each titan should take 5 minutes to review the two patient cases. Upon completion, come together for a **healthy "battle"** around the questions presented.*

Case 1

Age, gender, profession

34 years old, male, physiotherapist

Prescription

- Failed multiple topical corticosteroid treatments
- Recently tried triamcinolone 0.1%, which did not work
- Intolerant to multiple non-steroidal topicals

History of current illness

- Low BSA
- Severe itch impacting his day-to-day life



Case 2

Age, gender, profession

33 years old, female, scientific writer

Lifestyle habits

- Enjoys craftsmanship

Prescription

- Clobetasol 0.05% cream hands BID prn

History of current illness

- Hands (<10% BSA)
- Has adapted her life to her condition (limited social activities, tries to work remotely when possible)



1

What else would you like to **know** about the **patient**?

2

Which **specific question** would you ask the patient to guide your **decision** about moving to an **advanced systemic therapy**?

3

Which **measurement(s)** would you use to guide your **decision** about moving to an **advanced systemic therapy**?

4

Would you **offer** an **advanced systemic therapy** to the patient? Why?

BSA = Body Surface Area. BID = two times a day.


1. Simpson EL, Guttman-Yassky E, Margolis DJ *et al.* JAMA Dermatol. 2018;154(8):903-12.

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Points for Debate

- 1 Do you believe in “itch-dominant” patients as a true subset of atopic dermatitis?
- 2 Should anyone who failed a topical treatment be eligible for systemic treatment?
- 3 What is our ability to assess the severity of atopic dermatitis in patients with diverse skin tones?
- 4 Can the course of disease be a reason for moving a patient to systemic treatment?
- 5 How to properly assess the severity of patients with moderate atopic dermatitis?

 Please add below any other points you consider important:

Key Takeaways In Identifying Eligible Patients for Systemic Therapy

Most patients with persistent moderate-to-severe atopic dermatitis have poorly controlled disease and will require an advanced systemic therapy at some point.¹

At least one patient-reported outcome should be included in your assessment of a patient with atopic dermatitis.¹

1. Simpson EL, Guttman-Yassky E, Margolis DJ *et al.* JAMA Dermatol. 2018;154(8):903-12.