

Views on IBD Expectations and Well-being by Patients and Treatment Providers (VIEW-PT)

- **No bleeding**
(blood in stool, rectal bleeding)

- **Restored bowel movement frequency**

- **No abdominal pain**

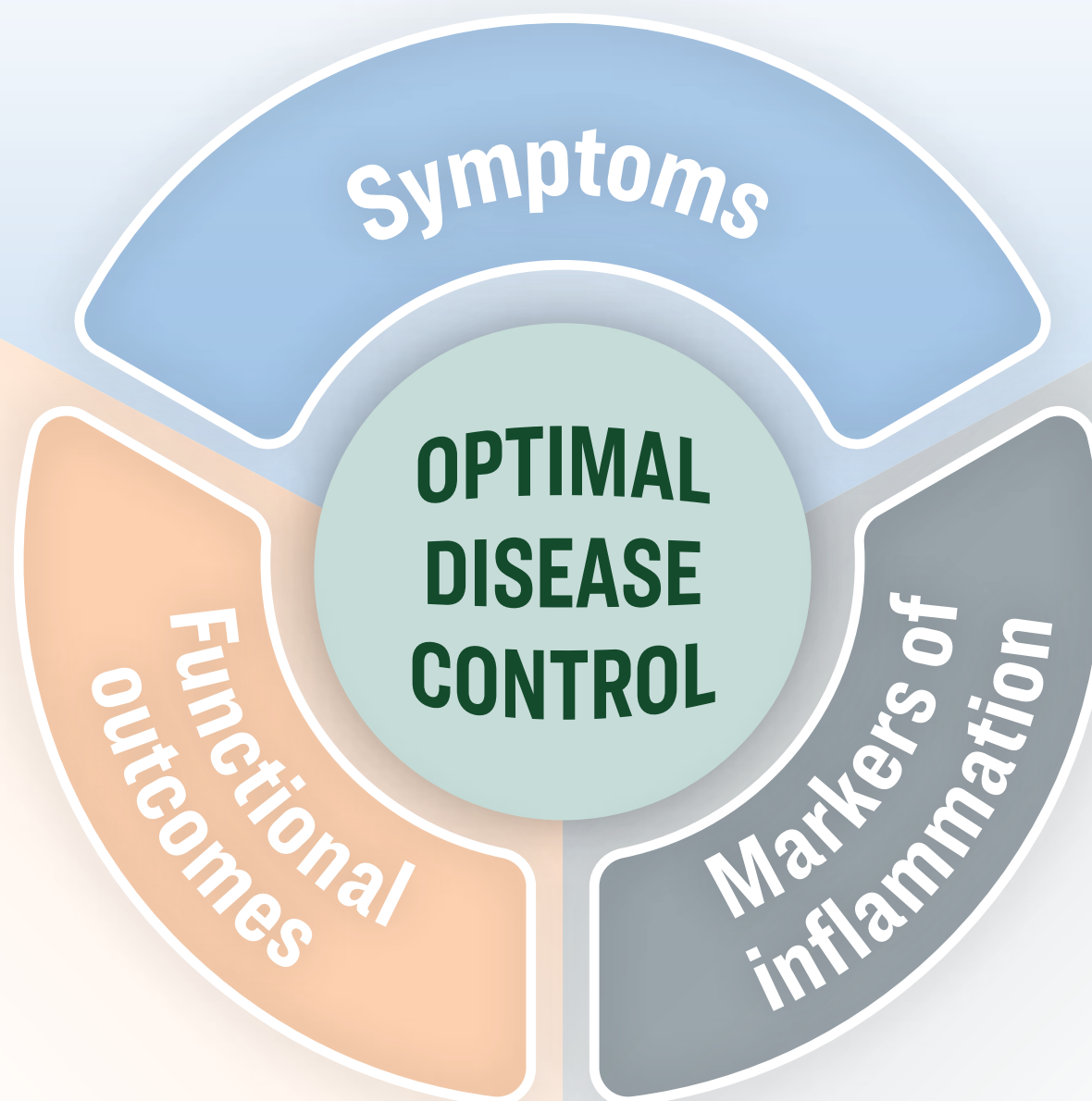
- **Extraintestinal manifestations control**

- **No bowel urgency**

- **No fecal incontinence**

- **No fatigue**

- **Normal quality of life**
- **Restored mental health**
- **No sleep disturbance**



- **Complete mucosal healing**
- **Normal biomarkers**
- **No steroid use**

Note: The features of 'optimal disease control', as shown in the figure, were identified via an iterative 3-stage approach that included input from patients and clinicians.

HCP=Healthcare Professional; IBD=Inflammatory Bowel Disease. [Rubin DT, et al. Presented at: ECCO 2025. Abstract P0705.](#)