Skin of Color (SOC): Care Gaps and Emerging Initiatives



Gaps in the Dermatologic Care for Diverse Populations in the United States (US):

Increasing proportions of people with skin of color in the US underscore the need to understand and address existing dermatology care gaps.

The dermatological medical community seeks to shift towards a more patient-centered model of care that considers the distinct needs of racial and ethnic groups across the US.

A coordinated approach may be needed to create impactful change and address the dermatological care gaps of patients with skin of color.

Studies were conducted to evaluate the existing care gaps and propose SOC-related dermatology initiatives to address the identified care gaps.

Paving the Way to Improved Healthcare Access: Raising Awareness of Existing Gaps in the Dermatologic Care of Diverse Populations in the United States

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Shifting the Care Paradigm for Individuals with Skin of Color in the United States: A Comprehensive Review of Care Gaps and Emerging Initiatives in Dermatology

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The largest SOC-related initiatives focused on **clinician education** and **SOC research.**

To elevate care for patients with skin of color and improve patient treatment satisfaction, **Eli Lilly and Company** identified two key areas of focus for SOC-related initiatives.

Research

Progress impactful research for advanced care of patients with skin of color

Education

Improve HCP understanding of dermatological diseases in patients with skin of color

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Skin of Color Research

Alopecia Areata

Atopic Dermatitis

Psoriasis

PATIENT SURVEYS

Heath C, Anderson L, Damani S, et al. Understanding the experience of healthcare access and health-related impacts among diverse populations with alopecia areata. Oral Presentation at the *44th Annual Meeting of the Fall Clinical Dermatology Conference*; 24-27 October 2024; Las Vegas, USA.

Heath C, Dosono B, Shi V, et al. Race- and ethnicity-related variations in the social impact and stigma of atopic dermatitis among adults with AD: US-based patient survey. Oral Presentation at the *44th Annual Meeting of the Fall Clinical Dermatology Conference*; 24-27 October 2024; Las Vegas, USA.

Barbosa V, Bhutani-Jacques T, Callender V, et al. Racial and ethnic differences in quality of life, health care access, and resource utilization in patients with psoriasis. Oral presentation at the *Annual Meeting of the Maui Derm for Dermatologists Conference*; 20-24 January 2025; Maui, USA.

OTHER RESEARCH

McMichael A, Taylor S, Callender V, et al. Differentiating between central centrifugal cicatricial alopecia, traction alopecia, and alopecia areata in black patients: photographic examples from a clinical trial. Oral Presentation at the *44th Annual Meeting of the Fall Clinical Dermatology Conference*; 24-27 October 2024; Las Vegas, USA.

Alexis A, Moiin A, Waibel J, et al. Lebrikizumab improves atopic dermatitis in adult and adolescent patients with skin of color: 16-week results from the ADmirable Study. Oral Presentation at the *44th Annual Meeting of the Fall Clinical Dermatology Conference*; 24-27 October 2024; Las Vegas, USA.

Kindred C, Jarell A, Lewitt GM, et al. Ixekizumab demonstrates effectiveness across various racial/ethnic groups with moderate-to-severe psoriasis in real-world settings: results from the second interim analysis of the Psoriasis in Special Areas (PSoSA) Study. Oral Presentation at the *22nd Annual Meeting of the Winter Clinical Dermatology Conference*; 14-19 February 2025; Waikoloa Village, Hawaii, USA.

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Alopecia Areata in Patients With Skin of Color

What is Cultural Humility?

Dr. Barbosa and Dr. Ko introduce the concept of cultural humility, emphasizing the importance of understanding the patient's perspective. They encourage HCPs to approach patients with an open mindset, express curiosity, and meet them where they are.

Walking Through the Patient Experience

Dr. Ko and Dr. Barbosa recommend an introspective approach for HCPs. They encourage HCPs to reflect on how patients perceive their surroundings in the doctor's office, recognizing that the environment can significantly influence patient perceptions.

Communication: Being the Expert and the Curious

Dr. Ko and Dr. Barbosa delve into the interplay of confidence and curiosity during patient interactions, especially when seeking to understand cultural practices and beliefs.

Patients Challenges: Learning From What You Don't See

Dr. Barbosa discusses her encounters with patients who have hidden disabilities, which may not always be immediately apparent but can significantly impact the quality and outcome of the patient visit.



Presented by:
Dr. Justin M. Ko
MD, MBA

Digging Deeper in Derm: An Example of Religious Beliefs

Dr. Ko provides valuable insights into the impact of religious practices on patient care decisions. He emphasizes that understanding and appreciating these practices can significantly enhance HCP interactions.



Presented by:
Dr. Victoria Barbosa
MD, MPH, MBA

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Atopic Dermatitis in Patients With Skin of Color

Beyond the Surface: Assessing Atopic Dermatitis in Patient With Skin of Color

Dr. Andrew Alexis discusses different ways to assess atopic dermatitis in patients with skin of color.

Disease Severity and Care Delays in Patients With Skin of Color and Atopic Dermatitis

Dr. Andrew Alexis discusses disease severity and delays in care for patients with skin of color and atopic dermatitis.

Understanding Clinical Assessments of Atopic Dermatitis in Patients With Skin of Color

Dr. Andrew Alexis discusses clinical trials and scales used in assessing atopic dermatitis in patients with skin of color.



Presented by:
Dr. Andrew Alexis
MD

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Psoriasis in Patients With Skin of Color

Psoriasis and Race/Ethnic Variations

The brochure emphasizes the PSOLAR study findings, indicating that individuals with skin of color have a higher prevalence of psoriasis comorbidities such as obesity and cardiovascular disease. Additionally, it discusses the presentation of psoriasis in individuals with skin of color.

Psoriasis and Race/ Ethnic Variations

Read More

Psoriasis and Quality of Life: Focus on Patients With Skin of Color

Psoriasis and Quality of Life: Focus on Patients With Skin of Color

Dr. Jarell highlights the diminished quality of life in individuals with psoriasis and skin of color. He discusses the specific nuances of psoriatic inflammation in people with darker skin.



Presented by:
Dr. Abel Jarell
MD, FAAD

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