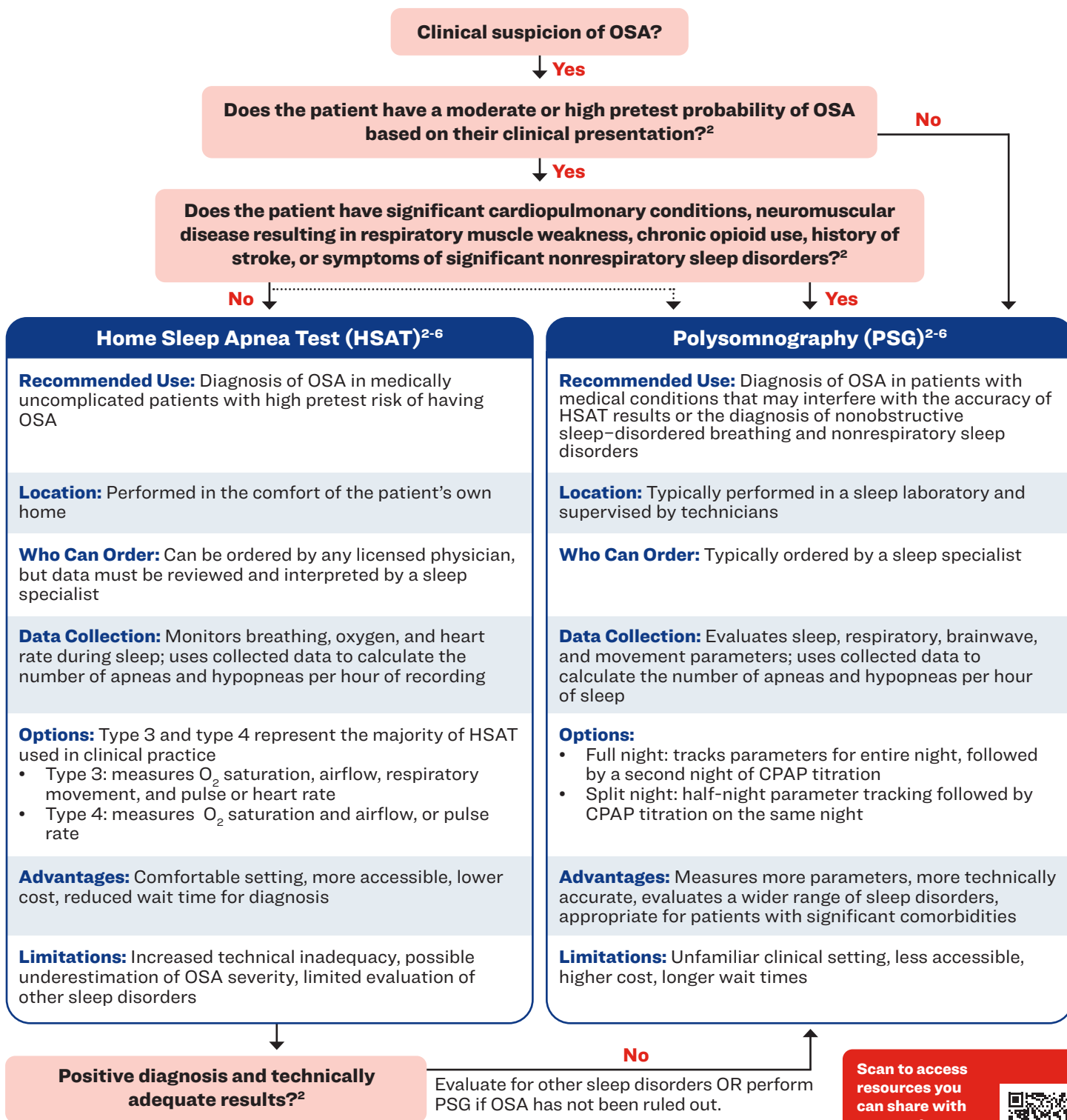


Selecting the Right Sleep Apnea Test in Primary Care

In the current paradigm of care, the PCP is in the best position to screen and help diagnose patients with obstructive sleep apnea (OSA).¹ Understanding your role as a PCP in your patient's OSA diagnosis is a crucial step on the journey to effectively managing their OSA. This resource can help identify the most appropriate diagnostic test for each of your patients.



CPAP = continuous positive airway pressure; HSAT = home sleep apnea test; OSA = obstructive sleep apnea; PCP = primary care provider; PSG = polysomnography.

1. Aurora RN, Quan SF. *J Clin Sleep Med*. 2016;12(8):1185-1187.
2. Hussein O, et al. *Mo Med*. 2024;121(1):60-65.
3. Gottlieb DJ, Punjabi NM. *JAMA*. 2020;323(14):1389-1400.
4. Chesson AL, et al. *Sleep*. 1997;20(6):406-422.
5. Barnes N, Herbert L. *J Nurse Pract*. 2023;19(7):104649.
6. Yamada Y, et al. *Ann Palliat Med*. 2020;9(5):2895-2902.

Scan to access resources you can share with your patients to help them better understand OSA and the testing process.

